

K.I.N.D.I. Lesson Plan #1

Session One: KINDI'S STORY

- 5 min. Give children the pre-test using sad faces for no, happy faces for yes.
- 10 min. Introduction to the topic: Read Kindi's Story
- 10 min. Discuss the story and act it out using children as Kindi, Momma Bear, friends, stranger, forest ranger, etc.
- 5 min. Sing Kindi Songs to reinforce the lesson.
- 10 min. Do KinderVision® Activity Sheets, 1 ,2
Optional: Each child receives a KinderVision® sticker

Directions for Giving K.I.N.D.I. Pre- and Post-Test

1. Explain that the smiley face means yes, frowny face means no
2. Children can be assisted in following directions, but no coaching is allowed in deciding the answers
3. Go over the answers after the post-test and discuss to insure understanding

K.I.N.D.I. Pre- and Post-Test Answers:

1. No
2. Yes - emphasize to only dial 911 when in danger
3. No - parents should make sure they can see their children if they open the door even when parents are home
4. No
5. No - remember to change the password periodically
6. No - opposite sex parents can wait just outside the door when the children get older
7. Yes
8. No - adults don't ask children for help
9. Yes
10. Yes

K.I.N.D.I. PRE-TEST AND POST-TEST

1. It's safe to take candy from a stranger.



2. It's safe to dial 911 when you need the police.



3. It's safe to go to the door when you are by yourself.



4. It's safe to take money from someone you don't know.



5. It's safe to tell your friends your family's secret password.



6. It's safe to go to a public restroom by yourself.



7. It's safe to always stay in groups of friends.



8. It's safe to help a stranger look for a lost pet.



9. It's safe to tell your parents if someone makes you feel bad.



10. It's safe to ask a policeman for help if you get lost.



Kindi's Story[©]

This is the story of Kindi Bear..... Did you know that bears are very smart? They are... and when they are really, really small, they're taught to be very careful of strangers.

It's important that you listen carefully now because I need your help to tell the story. Every time the little bear in the story does something that could hurt him, I'm going to hold up a red flag and I want you to yell NO, NO, NO whenever I show that flag. Okay? What are you going to do when I show the flag? (Yell no, no, no.) Let's try it. (Show red flag...everyone yells no, no, no). Again.... (SHOW FLAG) Good! You need to watch carefully because you never know when a red flag might pop up. (SHOW FLAG)

Once upon a time in a far away woods lived two mother bears, each with a little cub. One of those cubs lived through a raging forest fire when he was very, very small and he grew up to fight forest fires all over this country. He tells people that "Only you can prevent forest fires"....do you know that bear's name? That's right... Smokey the Bear.

Well the other little bear cub became known all over this country too. He helps protect little kids just like Smokey protects little animals (and people!). And it all started because something very scary happened to him too when he was just a cub. His name is Kindi - and this is his story.

One sunny summer day, Kindi wanted to go outside his cave to play. Momma Bear told him to stay with his forest friends because groups are always safer than one - and lots more fun! So Kindi headed toward his friends.

But then something caught his eye...something green and shiny and close to the ground....and it moved! It was a little green snake and it was so much fun to follow.. further and further into the woods. (SHOW FLAG). Soon Kindi was deep in the woods and he was all by himself - and far away from his family and friends and safety. (SHOW FLAG).

After a while, Kindi lost the little snake. And that's when he noticed he was getting hungry. So he looked until he found some berries, but they were very small and he was still hungry. He tried to get some honey, but the bees chased him away. He thought and thought and then he remembered seeing a river and he knew what to do - he'd go fishing. It was just a little further into the woods. (SHOW FLAG)

Suddenly a man appeared. Kindi looked at the man very carefully...he had a nice smile and nice clothes. He must be a nice man. (SHOW FLAG) and what's this? He had a piece of fish for Kindi....he held it out slowly. (SHOW FLAG) Kindi started to take a step toward the man, but then he stopped. The man smiled and held out a bigger piece of fish. (SHOW FLAG)

While Kindi was trying to decide what to do, the man moved a step closer. (SHOW FLAG) Kindi was so hungry and the piece of fish looked so big that he didn't even see the truck behind the man and the cage inside it. (SHOW FLAG)

Kindi again started to take a step toward the man (SHOW FLAG) but then he stopped. Something just didn't feel right. He looked around - and then he saw the truck. His eyes grew wide.

"It's okay," the man said. "Your mom sent me to bring you home. (SHOW FLAG) I thought you might be hungry. You'll really like this fish - it's very tasty. I'm sure you've never had fish like this before. Just try one bite." (SHOW FLAG)

Suddenly Kindi felt he was in danger. What should he do? (SHOW FLAG) That's right....he yelled NO, NO, NO! and backed away. He then turned and ran as fast as he could in the opposite way the truck was headed so if the man jumped in the truck, he would have to turn it around to chase him.

Kindi ran like the wind yelling HELP ME, HELP ME, HELP ME! He was very afraid. As soon as he saw a fire phone, he stopped and dialed 911. Kindi told the forest ranger what had happened - and he told him what the man looked like and what his truck looked like. The forest ranger told Kindi not to move - he would be right there.

In a matter of minutes Kindi was rescued by the forest ranger. He took Kindi home right away because Momma Bear was so worried. Then the forest ranger used Kindi's details to find the bad man and put him in jail. Kindi was so thankful that he decided to spend his whole life teaching boys and girls how to stay safe - and that's exactly what he's done here today!

©

Now, kids, what have you learned from Kindi's story about staying safe? Let's see how many things you can remember to do to stay safe.

Do what your parents say.

Ask your parents before talking to a stranger.

Don't take anything from anyone without your parent's permission.

Don't go anywhere with anyone without your parent's permission.

Bad people can look and act like nice people - just because you know someone doesn't mean you can trust them.

If something doesn't feel right, get out.

If you're not sure something is okay, tell someone you trust.

If someone tries to take you away, yell no and run the opposite way.

Stay in groups and stay where your parents can see you at all times.

Boys and girls, you've been good listeners today and you've learned many ways to stay safe. Remember to do what Kindi says: If a stranger says let's go, you say no, no, no.

Activity: Song - Sing to the tune of Mary Had a Little Lamb:

If a stranger says let's go, you say no, you say no -

If a stranger says let's go, you say NO! NO! NO!

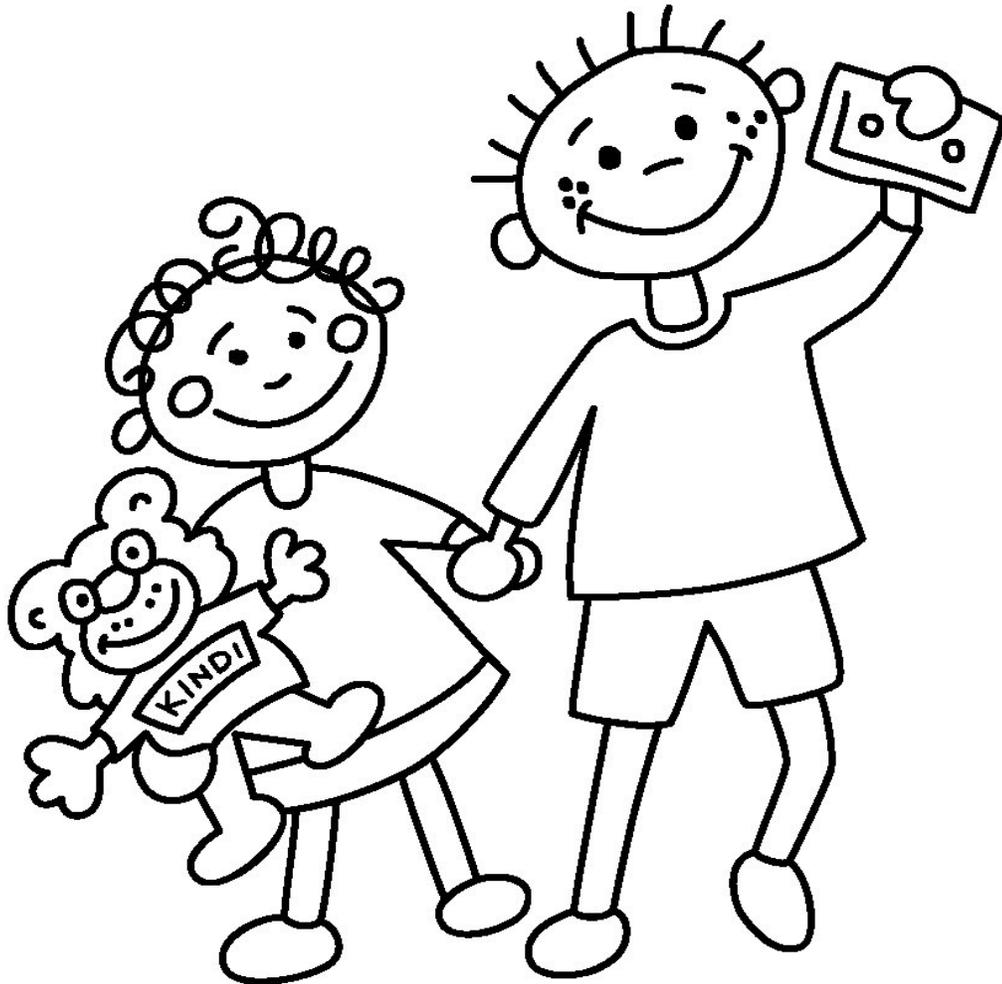
Activity: Pages 1 and 2 from the KinderVision® coloring/activity book

Optional role play: Have the children take turns acting the part of Kindi while the teacher reads the story

Bear

KINDERVISION[®]

CHILD SAFETY COLORING AND ACTIVITY BOOK



Classroom Materials
Coloring & Activity Book Download



Tell Kindi about you!

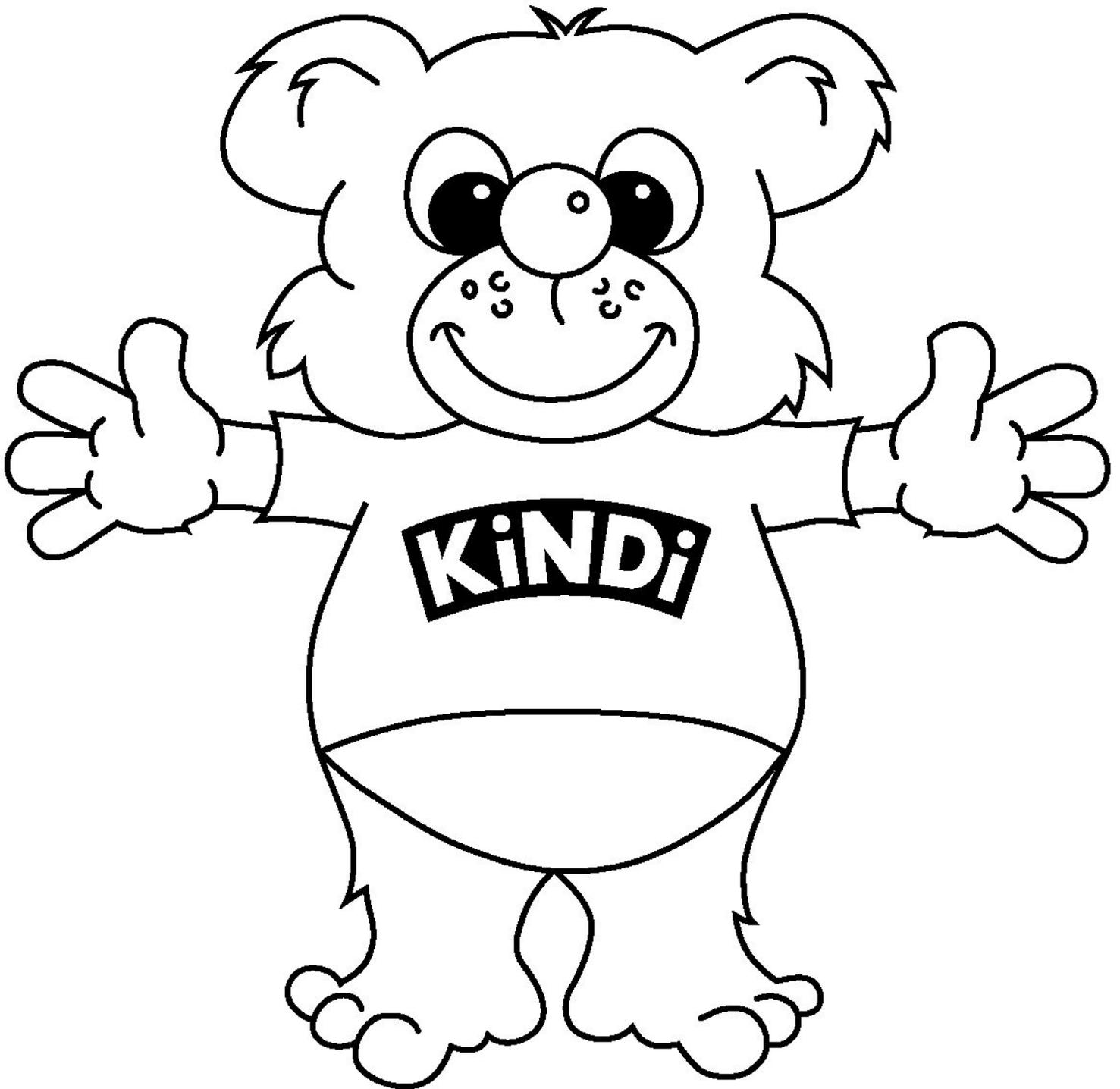
Draw a picture of your face

My name is _____

My address is _____

My telephone number is _____

KindiBear says:



**If a stranger says let's go –
you say NO! NO! NO!**